

H S C

Warriors

Program information

2011-2012

ALOHA!!

Thank you for your interest in Hawaiian Style Cheer also known as HSC Warriors! The Director of HSC and co-owner of Kidnastics, Cheryl Vuong, is the head cheer coach of the Los Alamitos High School Cheer teams for the past 15 years. Coach Cheryl and her teams have captured several national, regional, and coaching titles. Under her direction HSC has brought home several 1st place titles of their own this past season. Many of her former cheerleaders have advanced onto collegiate level cheerleading for some of the nation's top universities, colleges, and professional cheer teams.

Our talented HSC and Kidnastics coaching staff, friendly support staff, and highly accredited Director make HSC the best place for your child! We are looking forward to a fun and successful season and our mission is to teach our team members solid techniques and skills that will keep them physically and mentally prepared to take cheerleading to the next level!

NEW PARENT MTG May 3rd
7-8pm Kidnastics Lobby!
(Parents only please)

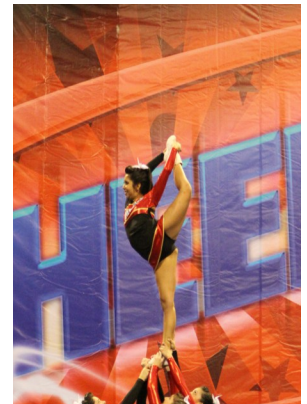
TRYOUT CLINIC DATES & TIMES

Refer 2 or more new members & your tryout fee is FREE!



Call to register
562-431-1102

	May 4th	May 5th	May 6th
Ages 5-8	4-5:30 pm		4-5:30 pm
Ages 9-14	6-7:30 pm	6-7:30 pm	
Ages 15-18	7-8:30 pm		7-8:30 pm



(Ages as of 8/31/2011)

For our Tiny team (age 5 and under) sign-up now to reserve your spot, practices will begin in September. Fill out the application and return to front desk!

Level 5 Invitation only tryouts are May 7th 4:30-6pm. If you are interested in more information regarding our level 5 team, please email or call Coach Cheryl.

- We try to place everyone on the right team for them!
- Tryouts are stress free and FUN!
- Girls and Boys of all levels are welcome!

If you are unable to attend tryouts or would like to have a private tryout, the fee is \$40 per

10712 Reagan St.
Los Alamitos, CA

For more information visit us at info@hscallstars.com

PROGRAM INFORMATION

New Members Trial Month

All new HSC members have until May 31st, 2011 to make sure HSC is right for you! We understand that all star cheerleading can be a huge commitment for both the athlete and their family. If you have any questions or concerns, please call or email our director.

Athlete Placement

Each team is designed to compete at a high level. Athlete placement is first based on the age of the competitor as of 8/31/2011 and then on individual skill, stunting position, jumps, tumbling etc. HSC teams are designed for maximum success and each member brings skills that are necessary for the teams success. We ask that families respect the coaches team selections no matter where your child is placed.

Choreography Camp 9/24 & 25 (level 2 and up)

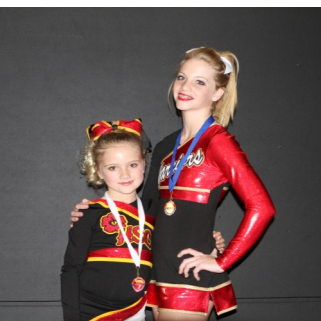
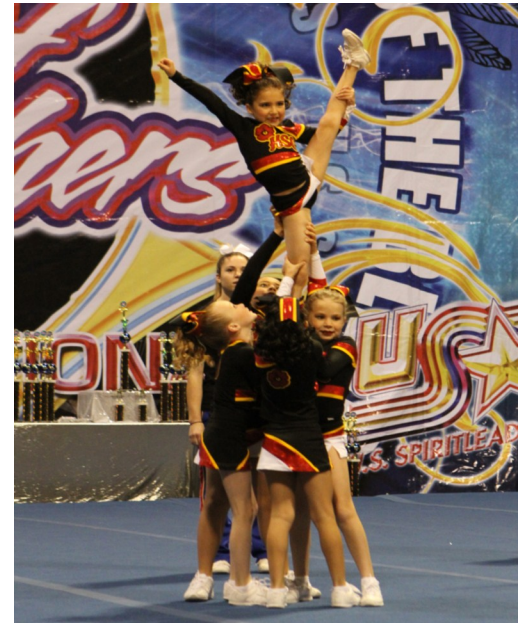
Choreography Camps are offered to our level 2 teams and above. These teams will come in and work with our HSC staff and guest on their competition routine. Choreography Camp is MANDATORY and included in your fees (if your child has a schedule conflict, please indicate that in the back of your tryout form).

Competitions/Performances

HSC teams will compete locally and some teams may travel out-of-state this season. We understand that cost and scheduling is important to our families so we have included a tentative schedule and cost for your review. The final competition schedule and cost will be available by June.

Fundraising

HSC understands that competitive cheerleading can be costly especially the travel expenses associated with it. HSC will hold several fundraisers through out the season to offset the expense of competition and travel.



Team Bonding

Cheerleading is the ultimate TEAM sport! Stunting, synchronization, and execution all highly depend on a team members commitment and bond with his or her fellow teammates. HSC will hold a few team and program bonding activities through out the season. Some of these activities are paid through your Spirit fee and others are offered at an additional cost.

Parent Support

We understand how busy life can be so we communicate primarily through email. We will have a few parent meetings to help keep you informed throughout the season. We will also have a team representative or as we like to call it "Team Aunty/Uncle" who works closely with the coaches and director to make sure his or her team is happy and prepared. If you are interested in becoming a representative for your child's team, please email the director once your child has been placed on a team.

PROGRAM COST

Our monthly fee includes practices and a tumbling class for most HSC teams! During the competition season November through March Coaches may decide to add or extend practices. We will try to give families ample time to make adjustments.

TEAMS

TINY

(practices only, no tumbling requirement)

\$84 a month (for 7 months Sept-March)

MINI

(practices & 1 tumbling class)

\$125 a month (for 11 months May-March)

LEVELS 1-2-3-4 (youth teams & above)

(practices & 1 tumbling class)

\$138 a month (for 11 months May-March)

LEVEL 5

(1 weekly practice 2.5 hr)

\$60 a month (for 9 months May/June/Sept-March)

HSC ANNUAL ENROLLMENT FEE

(includes the \$35 Kidnastics annual fee)

\$50 (renewed annually on your anniversary date)

Sibling Discounts:

For every additional sibling you will receive a \$20 per month discount off your HSC & Kidnastics monthly tuition.

Approximate Uniform Fees: (Includes skirt, top, and bow)

All teams	\$335
Tiny & Mini Team	\$225
Returners	\$20 <i>NEW BOW</i>
Shoes (1 pair)	
Adult	\$70
Youth	\$58
Warm-ups	\$120
Additional Bow	\$20
<i>Optional Items Below</i>	
Bag	\$45
Practice attire package	\$65
(2 shorts, 1 tank top, 1 t-shirt)	



Approximate Competition/Performance Fees: See Attached Competition Schedule

Competition fees do not include family travel cost, spectator admission, and other travel expenses.

Tiny (4 comp/performances)	\$300
Mini (5 comp/performances)	\$450
Level 1-2-3-4 (7 comp/performances)	\$550-650
Level 5 (4 comp/performances)	\$350

Out-of-State travel fees are not included in the above total.

Additional Fees:

Spirit Fee	\$20	This fee will cover team functions and holiday parties.
------------	------	---

TENTATIVE COMPETITION SCHEDULE 2011-2012

• USA	ANAHEIM	12/10/2011	LEVELS 2-3-4
• COMPETITION	TBD,CA	1/15/2012	ALL TEAMS
• US SPIRIT	CHINO, CA	1/21/2012	LEVELS 1-2-3-4
• CHEERPROS	CSULB, CA	1/29/2012	ALL TEAMS
• SPIRIT SPORT	PALM SPRINGS	2/4-5/2012	LEVEL 2-3-4
• COMPETITION	TBD	2/24-25-26	LEVELS TBD
• UCA WESTCOAST	LA	3/4/2012	LEVELS 2-3-4
• CHEER SPORT	ONTARIO, CA	3/10/12	ALL TEAMS
• USA ALL STAR NATIONALS	ANAHEIM	3/17-18/2012	LEVELS 3-4-5
• LOS AL EXHIBITIONS	LOS AL, CA	3/2012	LEVELS 1-2-3
• BOW	CSULB, CA	3/2012	LEVELS 1-2-3
• ALL LEVELS BID	CA	APRIL	LEVELS 4-5

- *Please note that the above dates are subject to change or cancelation.*
- *The list above is an overview of the competitions HSC may attend during the 2011-2012 season. A final calendar and payment schedule will be given out by June 2011.*
- *Family travel expenses and competition admission are not included in competition fees.*
- *Teams that are selected to compete out-of-state will need to pay additional competition fees associated with traveling. We may not know our traveling teams till September 2011.*

Name: _____ Age as of 8/31/2011: _____

HSC

2011 Tryout Checklist

KEEP THIS SHEET FOR YOUR RECORDS

#	Required Paperwork	Check When Completed
1	STUDENT INFORMATION FORM	
2	WAIVER AND RELEASE FORM	
3	TRYOUT APPLICATION WITH A SMALL PHOTO ATTACHED	
4	COPY OF BIRTH CERTIFICATE/SS CARD	
5	COPY OF PHOTO ID	
6	SIGNED CONTRACT (<i>Contracts will be available at parent meeting on May 3rd 7-8pm or online by 5/1</i>)	

PLEASE NOTE THE FOLLOWING FOR TRYOUTS

1. Make sure each athlete is dressed in spirited HSC colors (red, gold, black and or white). Comfortable practice attire and light weight athletic shoes.
2. All athletes will receive an email by Sunday May 8th welcoming them to their HSC Team! If you have any questions regarding your placement you can call or email us to set up an appointment.
3. **ALL THE ABOVE FORMS AND THE TRYOUT FEE MUST BE RETURNED TO THE FRONT DESK BY TRYOUTS IN ORDER FOR YOUR CHILD TO PARTICIPATE.**

HSC ALL-STARS CHEER APPLICATION 2011-2012

Name: _____ DOB: _____ Age as of 8/31/2011: _____

Home Address: _____

City/Zip: _____ Phone: _____ Cell #: _____

Parents Name: _____

Grade next school year: _____ Who referred you: _____

Contact Email Address: _____
(HSC will use the above email address to correspond with you throughout the season. If there are any changes to your families email, please be sure to inform us at info@hscallstars.com)

LIST ANY MEDICAL PROBLEMS OR INJURIES:

Medical Insurance Company: _____ Policy #: _____

Tumbling Skills:

Standing-

Running-

Stunting Skills:

Base -

Back Spot -

Flyer -

We are interested in joining Tiny team (5 and under), please use our **\$50 deposit** to secure our spot. (No tryout fee required)

Would you accept any position on *any* age appropriate HSC team: YES NO

If NO, circle the level you are willing to be considered for:

1 2 3 4 5

You must meet at least 2 to 3 of the minimum requirements in a level to be considered.

Are you interested in competing on 2 HSC teams? YES NO

Are you willing to participate on a traveling team (out-of-state) YES NO

If YES, are you interested in fundraising options? YES NO

Tryout procedure:

Please note you must have all paperwork and fees paid in order to participate in try outs.

1. Return completed forms to the Kidnastics front desk by the day of tryouts. Please keep a copy of all forms for your record.
2. Pay the non-refundable Tryout fee of \$20 per athlete due on or before the day of tryouts to the front desk.
3. IF YOU REFER 2 OR MORE NEW HSC MEMBERS AND THEY REGISTER FOR TRYOUTS.... YOUR TRYOUT FEE IS WAIVED!!
4. Provide a **copy** of the athlete's birth certificate and picture ID (returning members check w/front desk for last seasons copy)

ALL TEAM PRACTICES BEGIN THE WEEK OF MAY 9TH!